Assessment for Zika Virus Infection in Nonpregnant Individuals

- Nonpregnant women with possible exposure to Zika virus through travel to region with Zika transmission or possible sexual exposure
- Evaluate for signs and symptoms of Zika virus disease (e.g., fever, conjunctivitis, rash, arthralgia)

SYMPTOMATIC

- ≤14 days postsymptom onset
  - Zika virus IgM result: Presumptive or possible Zika virus or other Flavivirus
  - Consider follow-up testing for dengue virus and/or West Nile virus
    - DENGM / Dengue Virus Antibody, IgG and IgM, Serum
    - DENVP / Dengue Virus Antibody/Antigen Panel, Serum
    - WNS / West Nile Virus Antibody, IgG and IgM, Serum

ASYMPTOMATIC

- ≥14 days postsymptom onset
  - Testing not recommended
  - Zika virus IgM result: Negative Zika virus or other Flavivirus
  - No evidence of Zika virus infection

Testing of asymptomatic Zika virus-exposed partners of pregnant women is not recommended
- Barrier protection or abstaining from sex during pregnancy is recommended
- For individuals considering conception postexposure, visit www.cdc.gov/zika/prevention/protect-yourself-during-sex.html for up-to-date CDC recommendations

Serologic and molecular testing is recommended for infants suspected to have contracted Zika virus in utero.