Test Definition: SALCT
Cortisol, Saliva

Reporting Title: Cortisol, Saliva
Performing Location: Rochester

Specimen Requirements:
Container/Tube: SARSTEDT Salivette (Supply T514)
Specimen Volume: 1.5 mL
Collection Instructions:
1. Do not brush teeth before collecting specimen.
2. Do not eat or drink for 15 minutes prior to specimen collection.
3. Collect specimen between 11 p.m. and midnight, and record collection time.
4. To use the Salivette:
a. Remove top cap of container to expose swab.
b. Place swab directly into mouth by tipping container so swab falls into mouth. Do not touch swab with fingers.
c. Keep swab in mouth for approximately 2 minutes. Roll swab in mouth, do not chew swab.
d. Place swab back into its container without touching, and replace the cap.
e. Record collection time, and send appropriately labeled Salivette to laboratory.
Additional Information:
1. Reference values are also available for 8 a.m. (7 a.m.-9 a.m.) and 4 p.m. (3 p.m.-5 p.m.) collections, however, 11 p.m. to midnight collection is preferred.
2. Indicate collection time.
3. If multiple specimens are collected, submit each vial under a separate order.
Forms: If not ordering electronically, submit a General Request Form (Supply T239) with the specimen.

Specimen Type	Temperature	Time
Saliva	Refrigerated (preferred)	7 days
	Frozen	60 days
	Ambient	7 days

Ask at Order Entry (AOE) Questions:

Test ID	Question ID	Description	Type	Reportable
SALCT	COLT3	Collection Time in Military Time	Plain Text	No

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
84225	Cortisol, Saliva	Numeric	ng/dL	2142-8

Result ID	Reporting Name	Type	Unit	LOINC®
23612	AM Cortisol	Numeric	ng/dL	In Process
23613	PM Cortisol	Numeric	ng/dL	In Process
23614	Midnight Cortisol	Numeric	ng/dL	In Process

CPT Code: 1 × 82533

Reference Values:

7 a.m.-9 a.m.: 100-750 ng/dL
3 p.m.-5 p.m.: <401 ng/dL
11 p.m.-midnight: <100 ng/dL