Reporting Title: IgG4 Food Panel VIII
Performing Location: Viracor-IBT Laboratories

Specimen Requirements:

Draw blood in a plain red-top tube(s), serum gel tube(s) is acceptable. Spin down and send 1 mL of serum refrigerated in a plastic vial.

Specimen Type	Temperature	Time
Serum	Refrigerated (preferred)	28 days
	Frozen	365 days
	Ambient	7 days

Result Codes:

Result ID	Reporting Name	Type	Unit	LOINC®
Z3148	Corn IgG4	Alphanumeric		In Process
Z3149	Egg White IgG4	Alphanumeric		In Process
Z3150	Milk Cow IgG4	Alphanumeric		In Process
Z3151	Peanut IgG4	Alphanumeric		In Process
Z3152	Soybean IgG4	Alphanumeric		In Process
Z3153	Wheat IgG4	Alphanumeric		In Process

CPT Code: 6 × 86001

Reference Values:

Corn IgG4 <0.15 mcg/mL
Egg White IgG4 <0.15 mcg/mL
Milk Cow IgG4 <0.15 mcg/mL
Peanut IgG4 <0.15 mcg/mL
Soybean IgG4 <0.15 mcg/mL
Wheat IgG4 <0.15 mcg/mL

The reference range listed on the report is the lower limit of quantitation for the assay. The clinical utility of food-specific IgG4 tests has not been established. These tests can be used in special clinical situations to select foods for evaluation by diet elimination and challenge in patients who have food-related complaints. It should be recognized that the presence of food-specific IgG4 alone cannot be taken as evidence of food allergy and only indicates immunologic sensitization by the food allergen in question. This test should only be ordered by physicians who recognize the limitations of the test.

Test Performed by: Viracor-IBT Laboratories
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